



Gospel Light®

HOME DISCUSSION GUIDE
for ages 10-12

WINTER A
Lesson 12

Developing Good Habits

A town built on a hill cannot be hidden.

Matthew 5:14

Trying to instill good habits in my kids takes much patience on my part. I know that as behaviors are ingrained into their daily routine, they will eventually become a part of their lives as they grow older. Showing our love for God by our words and actions can get to be a habit, so we continue to keep that a priority in our home. Habits we are working to develop include telling the truth, using kind words to each other, helping and working together, reading the Bible and praying, looking for ways to be kind to others, sharing. I tell my kids **when we live like Jesus taught us, we shine like a city on a hill!** Others see what we do and say and are influenced by our lives.

Try This:

I help my kids review for a test by quizzing them with their study guides. When we are finished, I tell them how much better they know the material, saying “practice improves your skills.” When my child has practiced a new piece of music on her instrument, I tell her the practice is making her play better. At mealtime, we might have some fun saying tongue twisters and see if we can improve—you can find tongue twisters online ahead of time.